

# Rebecca Cole

Phone: 603-303-2286

Email: [rebecca.cole@uvm.edu](mailto:rebecca.cole@uvm.edu)

Address: 1 S Prospect St., UHC SATC, RM. 1420,  
Burlington, V.T., 05401

## EDUCATION

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### Marist College, Poughkeepsie, NY

**B.A., in Psychology, Summa Cum Laude - GPA: 3.9**

May, 2020

Minors: Italian Language, Fashion Merchandising

### University of Vermont, Burlington, VT

**M. S., Clinical Mental Health Counseling**

- Graduate Course, Fall 2020 – Current
- Biobehavioral Proseminar, Professor Mark Bouton
- Graduate Course, Summer 2021
- Racial Trauma, Professor Zachary Key
- Graduate Course, Spring 2022
- The Trauma Lens, Professor Jennifer Jorgenson

### Babilonia Center for Italian Language and Culture, Taormina, Sicily, Italy

Study Abroad Semester

Spring 2019

Immersive Italian language experience

### Lorenzo de Medici Institute, Florence, Italy

Freshman Abroad Experience in Fashion Design and Merchandising

September 2016- May 2017

## HONORS AND AWARDS

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Marist College Dean's List	Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019
National Society for Leadership and Success	Inducted 2017
Marist College Alumni Scholarship Award	2016 - 2020
Freshman Florence Experience Scholarship Award	2017 – 2020
New Leaders Council Fellow	2021

## RELEVANT WORK EXPERIENCE

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### Clinical

#### Office of Accommodations and Accessibilities, Marist College, NY

Learning Accommodations and Disabilities Assistant,  
Supervisor: Lisa Whalen, B.A.

Fall 2017-Spring 2020

- Maintained confidentiality and professionalism to students with learning accommodations and disabilities
- Completed clerical tasks
- Assisted with implementing disabilities technology such as e-readers
- First point of contact with students in office and tutoring setting

#### Family Services, Center for Victim Safety and Support, Poughkeepsie, NY

Crisis Center Intern and Certified Rape Crisis Counselor  
Supervisor: Keith Hudes, M.P.A.

June 2019 - Dec 2019

Assisted on both domestic violence and rape crisis/crime victim hotlines and advocacy services

- Completed comprehensive training to obtain the 40-hour Rape Crisis Counselor certification
- Victim advocate providing emotional support and accompaniment to medical sexual assault forensic exams, legal, criminal justice, and social services, as well as assistance with NY State Office of Victim Services claims
- Participated in client intakes

**Project MORE, WRC, Poughkeepsie, NY**

Psychology - Case Management and MRT Intern  
Supervisor: Dwajuana Stokes, B.S.

Spring 2020

Ex-offender reintegration program and women's center focused on offender's transition into the community

- Helped facilitate Moral Reconnection group therapy (MRT) to decrease recidivism
- Completed case management tasks
- Assisted with daily functions of the center as well as food distribution and child care

**Marist College, Poughkeepsie, NY**

Tutor

Fall 2018 - Spring 2018

- Tutor to a visually impaired student in Digital Media

**Seacoast Mental Health Center, Portsmouth, NH**

Mental Health Outreach Intern  
Supervisor: Heather Sweet, B.A.

May 2019 – August 2019

Shadowed mental health professionals (Psychologists, Psychiatrists, and LCSW) day to day in the community outreach services in both public environments and client's homes

- Focused on individuals and families establishing routine and transition, daily goals, worked specifically with autistic individuals ages 14 -18 in need of mental health RENEW services in goal setting and redirection
- Worked with children ages 3-15 with behavioral difficulties, mood disorders, and autism in the clinic's summer program: used games and token reward systems to establish personal space, listening skills, coping strategies, social skills, bodily control, and acceptance

**Research**

**Psychiatry, VCBH, The University of Vermont, VT**

Research Project Assistant, PET Study  
Supervisor: Dr. Kelly Peck, Ph.D.

Aug 2020 – Present

Provide technical, clinical, laboratory, and administrative assistance and perform data management functions in support of the Prolonged Exposure Therapy study.

Co-author of "Prolonged Exposure Therapy for PTSD in Individuals Receiving Methadone or Buprenorphine for Opioid Use Disorder: A Pilot Study"

- Assist and develop operational protocols and systems; ensure quality, consistency, and reliability of data collection and submission processes and compliance with internal and external confidentiality standards and regulatory guidelines.
- Communicate with internal and external constituents; provide and gather detailed process and technical information related to clinical and research functions; use discretion in disclosure of information that may be sensitive or confidential in nature.
- Review and maintain clinical/research documentation and related materials; use specialized software applications and oversee database maintenance
- Assist in and perform statistical analysis, and final review of data, publications, and proposals
- Perform participant clinical assessments (ASI, TLFB, Drug History, PCL-5/LEC-5, CAPS-5, MINI) in person or over telehealth communications
- Perform consenting protocols with participants
- Single point of contact with participants for scheduling
- Managed recruitment tasks – online and print

**School of Social and Behavioral Sciences, Marist College, Poughkeepsie, NY**

Qualitative Researcher  
Supervisor: Dr. Michele Rivas, Ph.D.

Jan 2019 – 2020

- Co-investigator in faculty assisted qualitative study on "The Lived Experiences of Female Offenders under Correctional Supervision." Phenomenological study in partnership with Dutchess County Probation Department and Project MORE.

- Co-writer of manuscript titled "The Lived Experience of Female Offenders Under Community Supervision- A Phenomenological Analysis" in the *Journal of Addictions and Offender Counseling* - April 2020.

**Social, Cognition, Emotion, and Personality Lab, Marist College, Poughkeepsie, NY**

Undergraduate Quantitative Research Assistant

August 2019- March 2020

Supervisor: Dr. Jason Trent, Ph.D.

Point of contact with participants in a research study involving trust perceptions around gender, race, and physical appearance in relation to participant personality and mood.

- Collected data for future analysis
- Managed participant database
- Ran participants through study procedure

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**PEER REVIEWED PUBLICATIONS**

Rivas, M., Killian, T., Rinke, C., & **Cole, R.** (2021). Female offenders under community supervision: A phenomenological analysis. *Journal of Addictions & Offender Counseling*, 42, 19–34. <https://doi.org/10.1002/jaoc.12087>

Peck, K. R., Badger, G. J., **Cole, R.**, Higgins, S. T., Moxley-Kelly, N., & Sigmon, S. C. (2023). Prolonged exposure therapy for PTSD in individuals with opioid use disorder: A randomized pilot study. *Addictive behaviors*, 143, 107688. <https://doi.org/10.1016/j.addbeh.2023.107688>

**GRANT FUNDED RESEARCH**

Killian, T, Rivas, M, **Cole, R.** (Fall 2019). *Lived Experiences of Female Offenders on Correctional Supervision: A Qualitative Study*. Marist College, Psychology Research Grant. \$3,500. Funded.

Peck, K, **Cole, R.** (Aug, 2019). *Treating Posttraumatic Stress Disorder in Patients with Opioid Use Disorder*. NIGMS. \$487,541. Funded.

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**CONFERENCE POSTERS AND PRESENTATIONS**

**Oral Presentation**

**Cole, R.**, & Moxley-Kelly, N. (2021, July). *Posttraumatic Stress Disorder in Opioid Dependent Patients*. Oral Presentation at Turning Point Center, Burlington, VT.

**Cole, R.**, Rivas, M, Killian, T, Rinke, C, (December 2019) *Thrown to the Wolves: Lived Experiences of Female Offenders under Correctional Supervision: A Qualitative Study*. Presentation to Marist College and Project MORE, Poughkeepsie, NY.

Rivas, M, Killian, T, Rinke, C, **Cole, R.** (November 2019) *Thrown to the Wolves: Lived Experiences of Female Offenders under Correctional Supervision: A Qualitative Study*. Presentation at Dutchess County Criminal Justice Counsel, Poughkeepsie, NY.

**Cole, R.**, Haran, K, (December 2019) *The Fundamental Attribution Error and Its Relationship with Subject Familiarity*. Oral presentation and poster presented at Marist College Undergraduate Research Conference, Poughkeepsie, NY.

**Poster**

Peck, K.R., Heil, S., Mahoney, C.T., **Cole, R.**, & Giannini, J. (2024, June). Secondary Analysis of Trials of Prolonged Exposure Therapy Among Adults with Co-Occurring Posttraumatic Stress Disorder and Opioid Use Disorder by Gender. Poster submitted for presentation at the annual convention of the College on Problems of Drug Dependence.

Kadka, S., **Cole, R.**, Mosca, L., Badger, G., & Peck, K. (2023, April). *Social support in individuals with concurrent posttraumatic stress disorder and opioid use disorder*. Poster presented at the Vermont Biomedical Research Network Career Day, Burlington, VT.

**Cole, R.**, & Peck, K. (2022, October). *A Pilot Study of Prolonged Exposure with Financial Incentives Contingent on Therapy Attendance in Individuals with Concurrent Posttraumatic Stress Disorder and Opioid Use Disorder*. Poster Session at Vermont Center on Behavior and Health's 10th Annual Conference, Burlington, VT.

Peck, K, **R. Cole**, Badger, G., Mosca, L., & Sigmon, S. (2022, November). *A Pilot Study of Prolonged Exposure Therapy for Posttraumatic Stress Disorder in Individuals With Co-Occurring Opioid Use Disorder*. Poster Session to be held at the virtual ISTSS 38th Annual Meeting.

Peck, K. R., Moxley-Kelly, N., **Cole, R.**, Badger, G., & Sigmon, S. C. (2021, June). *Prolonged exposure for PTSD among individuals receiving methadone or buprenorphine for opioid use disorder*. Poster presented at the annual convention of the College on Problems of Drug Dependence.

- Peck, K. R., Moxley-Kelly, N., **Cole, R.**, Badger, G., & Sigmon, S. C. (2021, November). Prolonged exposure therapy for treating PTSD among individuals receiving methadone or buprenorphine for opioid use disorder: A pilot study. Poster presented at the annual convention of the Association of Behavioral and Cognitive Therapies.
- Peck, K.R., **Cole, R.**, Giannini, J., Badger, G., Mosca, L., & Sigmon, S. (2022, November). Prolonged exposure therapy for adults with concurrent posttraumatic stress disorder and opioid use disorder: preliminary results from two randomized pilot trials. Poster presented at the 8<sup>th</sup> Biennial National IDeA Symposium of Biomedical Research Excellence.
- Peck, K., Moxley-Kelly, N., **R. Cole**, Badger, G., & Sigmon, S. (2021, November). *Prolonged Exposure Therapy for PTSD Among Individuals Receiving Methadone or Buprenorphine for Opioid Use Disorder: Initial Feasibility*. Poster Session at the virtual ISTSS 37th Annual Meeting.
- Peck, K., Moxley-Kelly, N., **R. Cole**, Badger, G., & Sigmon, S. (2021, November). *Prolonged Exposure Therapy for Treating PTSD Among Individuals Receiving Methadone or Buprenorphine for Opioid Use Disorder: A Pilot Study*. Poster Session at ABCT's 55th Annual Convention, New Orleans, LA.
- Cole, R.**, & Peck, K. (October, 2021). *Cigarette smoking in individuals with concurrent posttraumatic stress disorder and opioid use disorder*. Poster Session at Vermont Center on Behavior and Health's 9th Annual Conference, Burlington, VT.
- Peck, K., Moxley-Kelly, N., **Cole, R.**, Badger, G., & Sigmon, S. (October, 2020). *Prolonged Exposure Therapy for Treating Posttraumatic Stress Disorder Among Individuals Receiving Buprenorphine or Methadone for Opioid Use Disorder*. Poster Session at Vermont Center on Behavior and Health's 8th Annual Conference, Burlington, VT.
- Moxley-Kelly, N., Badger, G., **Cole, R.**, & Peck, K.R. (2020, October). *Using attendance-based monetary incentives to increase attendance to prolonged exposure therapy sessions in individuals with concurrent OUD and PTSD*. Poster presentation at the Vermont Center on Behavior and Health's 8th Annual Conference on Behavior Change, Health and Health Disparities, Burlington, VT
- Cole, R.**, Rivas, M, Kilian, T, Rinke, C, (September 2019) *Lived Experiences of Female Offenders on Correctional Supervision: A Qualitative Study*. Poster presentation at Marist College Social Justice Research Conference, Poughkeepsie, NY.

#### Symposium

- Peck, K., **Cole, R.**, Giannini, J., Badger, G., Mosca, L. and Sigmon, S. (March, 2023) *Prolonged Exposure Therapy for Adults with Concurrent Posttraumatic Stress Disorder and Opioid Use Disorder: Preliminary Results from Two Randomized Pilot Trials*. Collaborative Perspectives on Addiction Annual Meeting.

### ACKNOWLEDGEMENTS IN PUBLICATIONS

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- Peck, K. R., Moxley-Kelly, N., Badger, G. J., & Sigmon, S. (2021). Posttraumatic stress disorder in individuals seeking treatment for opioid use disorder in Vermont. *Preventative Medicine*, 1–7. <https://doi.org/10.1016/j.ypmed.2021.106817>
- Peck K. R., Nighbor T.D., Price M. (2021). Examining associations between impulsivity, opioid use disorder, and posttraumatic stress disorder: The additive relation between disorders. *Exp Clin Psychopharmacol*. doi: 10.1037/pha0000507.

### CERTIFICATIONS AND TRAININGS

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40-Hour, New York State Rape Crisis Counselor Certification Family Services, CVSS	July, 2019
Human Subjects Research Social & Behavioral Research CITI Program, A Division of BRANY	Sep 2018
Social and Behavioral Responsible Conduct of Research Group CITI Program, A Division of BRANY	Sep 2018
CRC Foundations CITI Program, A Division of BRANY	May 2021, Expires May 2024
GCP for Clinical Trials with Investigational Drugs and Medical Devices CITI Program, A Division of BRANY	Jan 2024, Expires Jan 2027
Social-Behavioral-Educational Researchers CITI Program, A Division of BRANY	Aug 2023, Expires Aug 2026
GCP – Social and Behavioral Research Best Practices for Clinical Research CITI Program, A Division of BRANY	Aug 2023, Expires Aug 2026

## PROFESSIONAL MEMBERSHIPS

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APA Division 35: Society for the Psychology of Women - Professional Affiliate Membership	Active 2022
Psi Chi, the International Honor Society in Psychology	Inducted 2020
Alpha Chi National College Honors Society	Inducted 2020
The Gamma Kappa Alpha National Italian Honor Society	Inducted 2020

## RELEVANT SKILLS

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Microsoft Office Suite  
Computer/Mobile Phone Literacy (Apple and PC)  
IBM SPSS software statistical data input and analysis  
Qualtrics Software  
Redcap Software  
Basic Python Programming

## STUDENT LEADERSHIP ROLES

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<b>Italian at Marist Program, Marist College, Poughkeepsie, NY</b>	2017- 2020
Social Media Marketing Manager <b>Marist College, Poughkeepsie, NY</b>	2018-2020
Student Mentor	

- Mentored and assisted incoming Freshman Florence Experience Students offering emotional and academic support as well as integration into college life from a multicultural context, Marist Abroad Programs